

For an area in which the rearing of livestock, especially sheep, has always constituted the main economic source since ancient times, the transhumance trails have carried out a vital function. As well as being important means of communication, they also brought along development because they favoured the birth of new settlements along their routes.

The Fortore Valley was brushed by two trails, one of which (Castel di Sangro-Lucera) passed near Volturara, whilst the other (Pescasseroli- Candela) passed between Circello and San Marco dei Cavoti and next near Castelfranco in Miscano.

The small trail (tratturello) "Volturara-San Bartolomeo – Roseto-Castelfranco" connected the two former trails crossing the Fortore Valley.